

Sling

Your Quick, Step-By-Step Application Guide

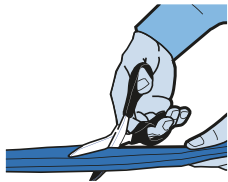
Actimove[®]

Feel good. Move better.

For further product information please contact your Essity Account Manager directly, or Customer Services.
Tel: 0845 1223600
Email: orders.uk@essity.com

Simple sling

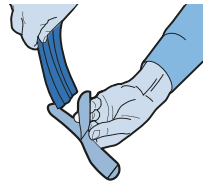
You will need a measured length of approx. 0.9m / 3ft for adults (shorter for children) with one hook and loop fastening



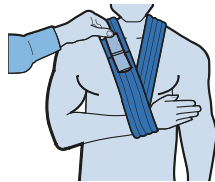
Cut a measured length of Actimove Sling



Place Actimove Sling around patient's neck, with the shorter length in front and on the injured side



Attach the Y-tab to the longer end, by sandwiching the Actimove Sling material between the 2 shorter stubs



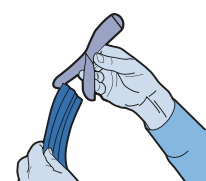
Wrap Actimove Sling around injured wrist and secure at the front, with the desired level of elevation

Single-loop sling

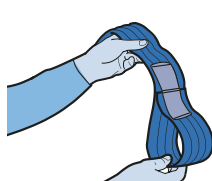
You will need a measured length of approx. 1.2m / 4ft for adults (shorter for children) with two hook and loop fastenings



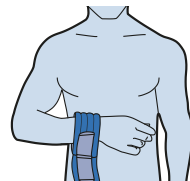
Cut a measured length of Actimove Sling



Attach the 1st Y-tab at one end, by sandwiching the Actimove Sling material between the 2 shorter stubs



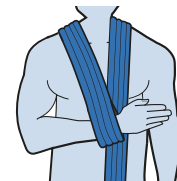
Create a small loop by attaching the free end of the Y-tab



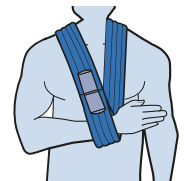
Slip the loop over the wrist of the patient's injured arm and adjust so that it fits snugly



Take the long Actimove Sling length around the patient's neck, on the injured side



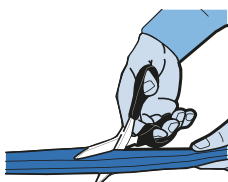
Bring the Actimove Sling down and back behind the wrist



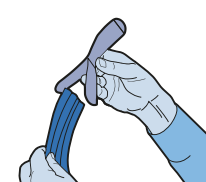
Attach the 2nd Y-tab and secure at the front, with the desired elevation

Double-loop sling

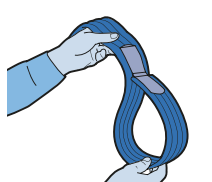
You will need a measured length of approx. 1.5m / 5ft for adults (shorter for children) with two hook and loop fastenings



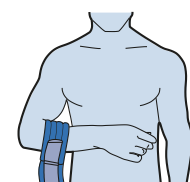
Cut a measured length of Actimove Sling



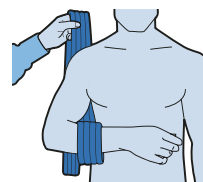
Attach the 1st Y-tab at one end, by sandwiching the Actimove Sling material between the 2 shorter stubs



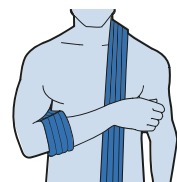
Create a small loop by attaching the free end of the Y-tab



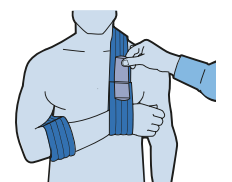
Slip the loop over the patient's injured arm so that it sits just below the elbow



Take the long Actimove Sling length under the arm and behind the patient's back



Bring the Actimove Sling over the uninjured shoulder and slip behind the wrist



Attach the 2nd Y-tab and secure in front, at the desired elevation



Actimove Sling



Actimove Sling Comfort



Actimove Sling for kids

Product	Code	Measurements	Pack Quantity	NHS SC Code
Sling	73425-12	3.6cm x 10m	1 x 1 roll	GMB113
Sling Comfort	72859-18	5.5cm x 12m	1 x 2 rolls	ESM004
Sling for Kids	73117-00	3.6cm x 10.8m	1 x 1 roll	GMB112