

Closing wounds. Together.

PATIENT INFORMATION LEAFLET

Your Wound Dressing

> What you need to know



THERAPIES. HAND IN HAND.

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HOW CAN THESE DRESSINGS HELP ME?

Secure Fluid Management

Cutimed Sorbion Sachet S dressings are super-absorbent and have a high capacity for absorbing and locking away the fluid that your wound produces along with the dead skin cells and dried fluid residue.

Whilst this fluid is a natural part of the healing process and is being produced to flush out toxins and debris away from your wound to enable healing to progress, if it isn't managed appropriately, it can be damaging and cause pain.

Comfortable and Safe

The dressings securely retain fluid, even if your wound is a leg ulcer and your nurse has prescribed compression therapy.

As the dressings are locking in fluid and debris that your wound produces, they can also therefore help to reduce any accompanying odour that sometimes occurs (usually caused from bacteria).

There are no glues or adhesives used in the manufacture of Cutimed Sorbion Sachet S and so they have a lower risk of causing an allergy in patients whose skin is sensitive.



INTRODUCTION

Living with a wound can be difficult, especially one which weeps profusely. Excess fluid can cause pain and embarrassment if left untreated, sometimes leaving you feeling isolated and perhaps a little down.

However, Cutimed Sorbion dressings are innovative and unique, having been designed to create the ideal environment to help your wound through the healing process.

They do this by managing exudate (the fluid weeping from your wound), so helping to keep your wound clean and free of the all the dead skin cells and dried fluid that can delay healing. This is called wound bed preparation. With Cutimed Sorbion dressings, you won't have to worry about fluid leaking through the dressing, or staining clothing or bedding or causing unpleasant odour or further pain.

HOW DOES YOUR CUTIMED SORBION SACHET S DRESSING WORK?

Hydration Response Technology

These dressings are quite different to others you may have had in the past. They have been designed using a special method called 'Hydration Response Technology (HRT)' which is exclusive to Cutimed Sorbion dressings. This unique method of making the dressings helps us to improve wound management.

Our aim is to make products that our patients can trust, using as few components as possible and only hypoallergenic materials. There are also no glues or adhesives in our Cutimed Sorbion dressings and as such, they are safe for patients who are prone to allergies.



Your Cutimed Sorbion Sachet S dressing has:

- 1. A super-absorbent core, a bit like 'nappy' technology.
 - This locks away excess fluid and debris to provide the best environment for your wound to heal.
 - It has special particles inside it that swell in contact with fluid and turn into a gel, locking the exudate safety inside the dressing, away from your skin.
- 2. The outer sachet made is made from a gentle material (polypropylene) which is sealed at the edges without glue.
 - This means you are less at risk of allergy and the dressing is kinder to your skin.

Your nurse will use another product along with this dressing to keep it in place. This will either be a retention bandage, some adhesive tape or perhaps a thin, transparent product called a 'Film Dressing' – these are all suitable ways to keep your dressing securely in place, protecting your wound.





WHY HAS THIS DRESSING BEEN CHOSEN FOR ME?

Your wound goes through different stages as your body tries to heal and this needs to be managed. As this happens, your wound will exude fluid. By choosing a dressing that has the capacity to absorb and retain moderate to high levels of fluid, your quality of care and way of life will be much improved as you do not have to worry about the levels of fluid your wound is producing. The way this dressing works means that it can stay on for longer, reducing the amount of times it has to be changed (as we know, dressing changes can be uncomfortable and even painful).

HOW LONG WILL I WEAR THE DRESSING?

This will depend on the level of fluid (exudate) your wound is producing. Your nurse will be best placed to make that decision. When the dressing has become saturated, the nurse will apply a new dressing but only when appropriate. When your wound reaches a stage that the fluid is reducing, you may be switched over to another type of dressing. However, Cutimed Sorbion Sachet S is safe to leave in place for up to four days.



FURTHER ADVICE

We recommend that you keep your dressing as dry as possible, but if it gets wet, a new dressing should be applied

- The dressing can remain in place for up to four days if necessary, but this is dependent on your individual condition and exudate levels
- If you are worried about any aspect of your wound or dressing please get in touch with your nurse



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